

SAMEEN TAHIR

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Education

KING EDWARD MEDICAL UNIVERSITY <i>BSc (Hons) Operation Theatre Technology</i>	Lahore, Pakistan 2017-2020
PUNJAB GROUP OF COLLEGES <i>FSc (Pre-Medical)</i>	Sheikhupura, Pakistan 2013-2015

Professional Experience

AFRO ASIAN INSTITUTE Lahore, Pakistan
Private institute affiliated with GC University ,Faisalabad

Lecturer: November 2022- Present

- *Skill development of students:* Applied my practical knowledge in developing skills in students.
- *OT lab management :* Managed OT Lab in the institute and make students skillful in their respective fields.
- *Research work:* Helped students in their research work

MAYO HOSPITAL Lahore, Pakistan
Public Sector Teaching Hospital

Interne: June 2021– December2021

- *Operation Theatre Management:* Applied sterilisation techniques in operation theatre with head nurse resulting in decreased number of hospital acquired infections.
- *Surgical First Assistance :*Assisted surgeries in general surgery and plastic surgery.
- Central Service and Sterile Department Management:
 - Analysed the defects in the overall system of CSSD and designed SOPs within the CSSD.
 - Practised how to operate the washer sterilizer and steam sterilizer and how to document the daily and monthly record of CSSD.

AMAL ACADEMY Lahore, Pakistan
Education startup funded by Stanford University that teaches professional skills to students.

Career-Prep Fellow: March 2022 – June2022

- *Communication:* Completed a competitive written application and interview process to be selected from over 5800 applicants for intensive 3-month Fellowship funded by Stanford University. Participated in activities with my Amal fellows and gave my feedback and recommendations on their tasks which helped me in improving my communication skills.
- *Skills development:* Invested 150 hours in order to develop skills (e.g., communication, leadership, problem solving, teamwork, etc.) that will help me make a deeper impact on the job. Communication will help in being a good leader to have a better outcome at the work.

Academic Experience

Hospital Waste Management Lahore, Pakistan
Conducted a survey to see the knowledge among nurses and doctors (MAYO HOSPITAL)

Lead Researcher: September 2020–February 2021

- *Awareness:* Found that nurses have more knowledge than doctors about hospital waste management and educational seminars should be held.

Honours and Awards

ACADEMIC SCHOLARSHIPS Sheikhupura, Pakistan
– Received full merit-based academic scholarship from Punjab College (2013-2015)

ONLINE COURSES Lahore, Pakistan
– *Decontamination and sterilisation of medical devices* – World Health Organisation (2021)

- *Introduction of infection prevention and control* - World Health Organisation (2021)
- *E-commerce* - e-Rozgaar Programme (2022)
- Virtual assistant AMAZON- Digiskills (2022)

AWARDS AND CERTIFICATIONS

Sheikhupura, Pakistan

- Received merit-based Laptop Award from Chief Minister Punjab (2013)

Additional

- *Certifications:SPSS (Department of medical education KEMU, 2019)*
- *Interests: Technology Management, E-commerce, Reading online blogs.*