

## Curriculum Vitae

# **MARYAM ASHRAF**

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### **CAREER OBJECTIVE**

To work in a dynamic organization where advancements are based on achievements, aspiring to utilize my skills to the maximum, while contributing to achieve a new high in excellence.

### **PERSONAL DETAIL**

- Nationality : Pakistani
- Religion : Islam

### **QUALIFICATION**

- **M.Sc(Hons.)**                      **Human Nutrition and Dietetics**                      **CGPA=3.77/4**
- **(2020-2022)**                      **(University of Agriculture Faisalabad)**
- **Bs (Hons.)**                      **Human Nutrition and Dietetics**                      **CGPA=3.96/4**
- **(2016-2020)**                      **(Government College University Faisalabad)**
- **HSSC**                      **Pre- Medical**
- **( 2013-2015)**                      **(BISE Gujranwala )**                      **889/1100**
- **Matric**                      **Science**
- **(2011-2013)**                      **(BISE Gujranwala )**                      **933/1050**

### **WORK EXPERIENCE**

- Working as a lecturer in Afro- Asian Institute Lahore
- Worked as interne Dietitian at SHIEKH ZAYAD POST GRADUATE HOSPITAL LAHORE
- Worked as interne Dietitian at AZIZ FATIMA HOSPITAL FAISLABAD
- Consultant Dietitan Nutritionist at CITI MEDICARE HOSPITAL GUJRANWALA 1year experience
- Consultant Dietitian Nutritionist at M.ISALAM TEACHING HOSPITAL till now continue

### **CONFERENCE & MANAGEMENT SKILLS**

- Participate in 5<sup>th</sup> International Conference Food And Nutrition Security Impact of climate change
- (March 7-8,2017)
- Participate in International Congress of Zoology Wild Animals
- Participate In International Pak China Food and Nutrition Conference as organizer
- Participate In Nutrition Assessment Camp
- Member of nutrition and dietitian society
- Member of student nutrition student club

### **RESEARCH WORK**

- Development of nutrient enriched whole wheat, banana and beans based weaning food

### **LANGUAGES**

- Urdu
- English
- Punjabi

### **REFERENCE**

- Will provide on demand