

Ms. MEHJABEEN ABIDE-Mail: mehjabeenabid452@gmail.com**Consultant Clinical Psychologist**

EDUCATION

- 2023 MS in Clinical Psychology, Centre for Clinical Psychology,
University of the Punjab, Lahore
- 2022 Advanced Diploma in Clinical Psychology (ADCP), Centre for
Clinical Psychology, University of the Punjab, Lahore.
- 2020 Bachelors (BS Hons.), Institute of Applied Psychology, University
of the Punjab, Lahore.
- 2015 Intermediate, Punjab Group of Colleges, Lahore.
- 2013 Matriculation, Govt. Girls Higher Secondary School, Lahore.

CURRENTTITLES

- Consultant Clinical Psychologist.
- Lecturer, Afro-Asian Institute, Lahore.

THERAPEUTICAPPROACH

- Cognitive Behaviour Therapy
- Behaviour Therapy
- Rational Emotive Behaviour Therapy

WORKEXPERIENCE

- Trainee Clinical Psychologist at Ganga Ram Hospital, Lahore.
- Trainee Clinical Psychologist at Services Hospital, Lahore.
- Trainee Clinical Psychologist at Sheikh Zayed Hospital, Lahore.
- Trainee Clinical Psychologist at Fountain House, Lahore.
- Trainee Clinical Psychologist at Punjab Institute of Mental Health, Lahore.
- Trainee Clinical Psychologist at Living Institute of Slow Learners, University of the Punjab, Lahore.
- Trainee Clinical Psychologist at Centre for Clinical Psychology, Lahore.
- Psychologist at Autism Institute of Pakistan, Faisal Town, Lahore.
- Visiting faculty at Afro-Asian Institute affiliated with GCU Faisalabad Lahore.
- Permanent Faculty at Afro Asian Institute affiliated with GCU Faisalabad, Lahore.
- Internal Examiner of undergraduate students of Afro Asian Institute, Lahore.
- Supervisor of community placement of undergraduate students at afro Asian Institute, Lahore.
- 07 years of teaching experience at private sector in schools and academies.

PROJECTS/CERTIFICATIONS

- A member of PNRM (Pakistan National Reform Movement).
- Group presentation on Abnormal psychology, Forensic Psychology, Visual imagery, Attitude and Personality Making, Reproductive system in plants & Animals, AIDS, Ethical Issues in Psychology as per APA.
- Developed questionnaire and conduct survey on “Effects of

Social Media on Youth”.

- International conference of Applied Psychology: Practices and Interventions (Management)
- Seminar on Music and Peace conducted by IAP and PEACE.
- Translated several scales in Urdu for Research Purposes, Surveys and Community work.
- Certified trainer of students and teachers of LCWU with the collaboration of mediQ and GSM.

CONFERENCES AND SEMINARS

- “Peace Seminar” arranged by PU & HEC.
- “One day Symposium” on International Women.
- “Psychology” for change: Women and Community.
- “Peace Harmony national unity conference”.
- International conference of Applied Psychology.
- CT/PACBT 10TH International CBT Conference.
- WPA Thematic Congress 2022, Public Mental Health and Associated Opportunities.
- International Conference on Substance Use Disorders.
- Seminar on ‘Communication and Behavioural Rehabilitation’.

COMPUTERKNOWLEDGE

- Microsoft Windows 7 (Professional)
- Microsoft Office XP 2007(Professional Edition)
- SPSS.17.0

LANGUAGES

- English
- Urdu

- Punjabi

