

SAFA AKRAM

Contact

Email:

safaakram275@gmail.com

Other information:

CNIC: 35201-9501941-0

Date of birth :29-10-1999

Religion: Islam

Nationality: Pakistani

Languages

English

Urdu

Punjabi

Hobbies

- Writing
- Cooking
- Books reading

Objective

To assist in teaching and research activities in pleasing learning environment with full zest and zeal.

Skill Highlights

- Work independently
- Effective communication
- Completing task in given time
- Command on SPSS, Endnote and other compute softwares.

Experiences

Lecturer - Afro asian institute affiliated with GC university faislabad.(From Dec 17' 2021- currently working)

- Also Working as a clinical coordinator as supervisor of internees

Nutrition internee- Children hospital, Lahore (1-11- 2021 to 30-11-2021)

Nutrition internee- Sheikh zaid hospital, Lahore (13-9-2022 to 13- 10-2022)

Published Paper

Akram H, **Akram S**, Tahir S K, Ali A, Assignment of Nutrition Status of School Going Children of Age 8-16 Years: District Lahore _ Pakistan. Acta Scientific Nutritional Health, 2020; 4(10).1-10. (**IF : 0.8**)

Education

Master of Science: Human Nutrition and Dietetics
Riphah International University,Lahore.

Enrolled in 2022 -Currently ongoing

Bachelor's of science: Human Nutrition and Dietetics
University of veterinary and animal science, Lahore.
(2017-2022)

Certifications

Organize Medical and Nutrition camp at afro asian institute on 7 Dec' 2022.

Certificate of appreciation at anuual gala held by afro asian institute, Lahore on

Participated in DICE Agriculture and Food Sciences, Innovation Competition and Industrial Expo which was held on 8th-9th October at Muhammad Nawaz Sharif University of Agriculture, Multan.

Participated in Country Project Climate Change which was held on October 03, 2019 at Prometric Center-USEFP, Inside FC College, Lahore.

Participated in Nutrition Assessment camp which was organized by FNS.